



HATZOLAH

SEPTEMBER 2010 NEWSLETTER ערב ראש השנה תשע"א

In memory of Haim & Betty Gordon

Hatzolah Community Response Vehicle



Hatzolah has been fortunate to receive a generous donation to be used for the specific purpose of purchasing and outfitting an ambulance vehicle. This generous donation was made by Cecelia Freshman, OBM.

Cecelia had also donated two Ambulances to Ezra - Le Marpe in Israel, and wanted to donate an Ambulance to Hatzolah for the service that we provide to the community. Although Cecelia is not physically here to see the completed special Ambulance, we know that she would have been very proud and very excited to see the Ambulance on the road. It was Cecelia's wish to help Hatzolah's volunteers by providing a vehicle with more space, which would make their work load a lot easier (in sometimes very difficult circumstances). Cecelia wanted the Ambulance that was being assembled to include all medical and emergency equipment for a major incident situation if and when it may be required.

Continued inside

The Chevra Hatzolah Board and Responders would like to wish the community a happy and sweet New Year



FIRST AID COURSES

Hatzolah is now able to run accredited First Aid courses. As well as learning valuable life-saving skills, you will also be supporting Hatzolah.

Courses can be arranged for groups of friends and family, clubs or workplaces at a time convenient to you.

For more information or to register your interest please contact

Hatzolah administration
on 8534 0100.

Watch out for the Hatzolah annual **Trade Promotion** that will be starting soon!

Your chance to win \$250,000, and lots of other great prizes. We again look forward to the Community's generous support of our life-saving work.

Hatzolah Community Response Vehicle

Continued

Following extensive research and development, an appropriate base vehicle was purchased. The vehicle selected has a number of advantages:

- High Roof: this enables our Responders to stand up at full-height in the rear of the vehicle without crouching or stooping;
- Long Wheel Base: additional room for equipment in the rear of the vehicle.

The vehicle fitout was conducted by Emergency Transport Technology in their Tullamarine factory. The state-of-the-art fitout includes the following features:

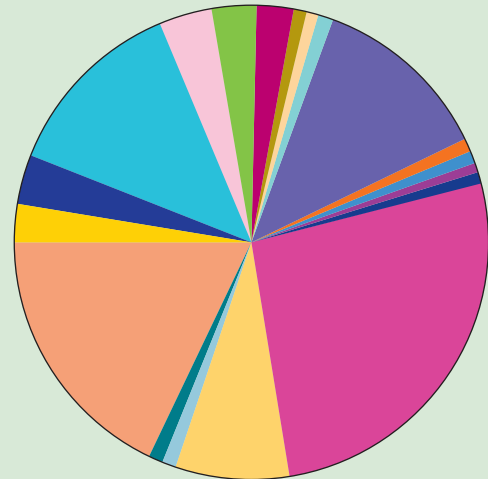
- removable stretcher;
- wheelchair;
- first aid equipment and storage;
- oxygen storage and administration;
- defibrillator;
- emergency beacons;
- emergency sirens;
- external lighting;
- retractable canopy;
- mobile radio communications;
- spineboard storage; and
- desk and refrigerator.

This vehicle will be used by Hatzolah for First Aid standbys at sporting events, carnivals, fetes and Community functions. It will also be used for Community education, as well as at major incidents.

Through her generous donation Cecelia OBM is a partner with us in our holy work. We are very fortunate to have received such a generous donation to enable the organisation to have this valuable resource.



CALLS BY SUBURB - 2010



Balaclava	18	Elsternwick	55
Bentleigh	6	Elwood	5
Brighton	5	Glenhuntly	6
Carnegie	7	North Caulfield	121
Caulfield	84	Prahran	17
East Bentleigh	6	Ripponlea	22
East Brighton	6	South Caulfield	85
East Caulfield	5	St Kilda	25
East Malvern	5	Other	20
East St Kilda	182		

CASES BY CHIEF COMPLAINT - 2010

Abdominal Pain	19	Overdose	16
Altered Conscious State	10	Personal Alarms	62
Chest Pain	69	Psychiatric	11
Conscious Collapse	46	Respiratory Distress	50
Cyclist	12	Road Traffic Accident	15
Falls	151	Unconscious	15
Fitting	12	Unwell	107
Fracture	10	Other	71
Haemorrhage	46		

FASTING OVER YOM KIPPUR

If you have any significant medical condition (eg. diabetes, cardiac or renal conditions), please consult your doctor as to whether or not you may fast over Yom Kippur. If your doctor suggests not to fast, Halochic authorities explicitly forbid fasting. If you are in any doubt as to whether your condition will be exacerbated by fasting, please consult your doctor.

4 STEPS FOR LIFE

Hatzolah, together with Ambulance Victoria, have put together a free 90 minute basic CPR emergency familiarisation program "4 Steps for Life". This program has shown to be very popular and very successful. We are looking to run this presentation for companies, social groups, clubs, organisations, families and friends. We are asking for your assistance to put a group together so we can deliver this most important life changing program. There is no charge and no cost for the presentation.

The course addresses some very surprising and frightening statistics that Hatzolah Responders have noted, and our observations have been supported by external studies.

The observations and studies show that:

- 85% of people did not consider calling '000' or a Community Emergency Response Team (such as Hatzolah) in a medical emergency as the first call
- 90% believed that a heart attack and a cardiac arrest are one and the same
- In a cardiac arrest, for every 1 minute that CPR is required and is not being given, the patient's chance of survival and full recovery diminishes by 10%
- Over 70% of out of hospital cardiac arrests happen at home to a loved one

Early CPR is essential to aid in survival and must be started as soon as possible after a cardiac arrest occurs. The first few minutes are critical. The program helps prepare your family, friends, or colleagues for those first few very frightening minutes.

Our program comprises a presentation, a video, a short survey, and CPR technique and practise with the use of training aides. The program length is 90 minutes, however that can be tailored to suit a corporate lunch hour or other time slot. The minimum time is 30 minutes.



There is no minimum or maximum number for a group. We can come to you at your, club, office or house, or we can provide a venue. The course does not provide accreditation in CPR and there is no exam. However, it does provide you with the basic knowledge and technique to help a loved one have the best possible outcome in the event of a cardiac arrest.

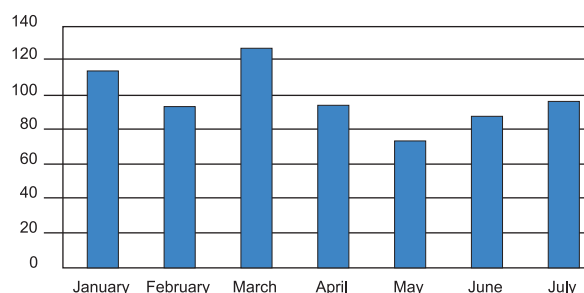
Our aim is to provide a community service with a goal of increasing the knowledge of CPR so that in the event of a critical emergency the patient, most probably a loved one, has the best chance of surviving.

If you would like to discuss a presentation or a number of presentations for your organisation, office, friends, or family, please contact Len Hain on 9524 3122 or by email to len.hain@acjs.edu.au or Catriona at Hatzolah Administration on 8534 0100 or email info@hatzolah.org.au. Presentations can be arranged during the day, or in the evenings, or at weekends.

Please help us help you by putting a group together to learn this vital, life-saving skill.

We would like to take this opportunity to thank the Hatzolah Responders and Cadets who have ably assisted Len Hain in presenting these sessions:

- Joel Arber
- Barry Creighton
- David Jacobs
- Leon Landau
- Chaim Mehlman
- Aron Savicky



CALLS SINCE JANUARY 2010

January	114
February	94
March	127
April	95
May	74
June	88
July	97

MAZEL TOV

The Hatzolah Board and Responders would like to extend our very best wishes to our inaugural Cadet Group: Yossi Allen, Joel Arber, Ezra Ruschinek, Aron Savicky and Ezra Susskind.

These Cadets will shortly undertake additional examinations, thereby fulfilling the requirements to become Graduate Responders. These new Graduate Responders will then form a core part of Hatzolah's emergency response to cases. We look forward to them continuing to assist with our life-saving work.



Ezra Susskind



Aron Savicky



Joel Arber



Yossi Allen



Ezra Ruschinek

CONDOLENCES

R Yisroel Herzog OBM

The Chevra Hatzolah Board, Hatzolah Responders and Cadets would like to extend our most sincere condolences to the Herzog family on the passing of their beloved husband and father R Yisroel Herzog, OBM. R Yisroel Herzog was integral in the successful establishment of Hatzolah Melbourne. This was particularly evident in his efforts during the acquisition and purchase of Hatzolah Headquarters, and the incredible foundation that it has provided for Hatzolah. He has left behind a wonderful legacy that will continue to be an inspiration for the entire Community.

Mrs Helen West OBM

Condolences also go to Mr Joseph West and family on the passing of Mrs Helen West. Mr & Mrs West generously supported the Hatzolah Building project through their sponsorship of the



Official recognition by Ambulance Victoria

From 1 July 2008, the Metropolitan Ambulance Service and the Rural Ambulance Victoria officially merged to form one organisation, Ambulance Victoria (AV).

Hatzolah is proud to have received official recognition from AV as one of their Community Emergency Response Teams (CERT). To acknowledge the wonderful working relationship that we have with AV, we are fortunate to be able to include both the Ambulance Victoria and First Responder logos on the livery of our new vehicle. Hatzolah Responders have also been given First Responder embroidered badges to wear on their Hatzolah jackets.

Over the past year, the Hatzolah Operations Manager has also made presentations on the Hatzolah model at recent AV rural conferences conducted in Albury, Lakes Entrance, Halls Gap and Swan Hill. AV is hoping to integrate components of the Hatzolah model into other CERTs in rural Victoria.

From September 2008 to August 2009, Ambulance Victoria also utilised Hatzolah Headquarters as a location for one of its Ambulance teams whilst the Caulfield Ambulance branch building was being renovated. This co-location strengthened the already excellent relationship that Hatzolah has developed with both AV Management and with the paramedics that they work with on a daily basis.



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IN A MEDICAL EMERGENCY CALL

9527 5111